

Title: Don't Worry Be Happy – 1 Timothy 2

Read:

¹⁻³The first thing I want you to do is pray. Pray every way you know how, for everyone you know. Pray especially for rulers and their governments to rule well so we can be quietly about our business of living simply, in humble contemplation. This is the way our Savoir God wants us to live. ⁴⁻⁷He wants not only us but everyone saved, you know, everyone to get to know the truth we've learned: that there's one God and only one, and one Priest-Mediator between God and us—Jesus, who offered himself in exchange for everyone held captive by sin, to set them all free. Eventually the news is going to get out. This and this only has been my appointed work: getting this news to those who have never heard of God, and explaining how it works by simple faith and plain truth. ⁸⁻¹⁰Since prayer is at the bottom of all this, what I want mostly is for men to pray—not shaking angry fists at enemies but raising holy hands to God. And I want women to get in there with the men in humility before God, not primping before a mirror or chasing the latest fashions but doing something beautiful for God and becoming beautiful doing it. ¹¹⁻¹⁵I don't let women take over and tell the men what to do. They should study to be quiet and obedient along with everyone else. Adam was made first, then Eve; woman was deceived first—our pioneer in sin!—with Adam right on her heels. On the other hand, her childbearing brought about salvation, reversing Eve. But this salvation only comes to those who continue in faith, love, and holiness, gathering it all into maturity. You can depend on this.

Think:

What's on your mind? Are exams looming. Do your friends seem to be moody with you all the time? Do you not have any friends? There are so many things that we can worry about. It's doesn't change any when you get older either. There was an old song with the line "don't worry, be happy" in it. It always seemed a bit sickly and unreal to me, until tonight. I've just spend a great hour or so, with a mate just chilling here at my place. My mate said the coolest thing ever. He said that he had just decided to stop worrying about stuff and leave it to God. How cools that, he has just decided to get on with life and rely on God. Not only that, God has started responding and things have started changing for the better. Brilliant, how great is that? But this isn't by accident, because my mate also lives his life like Paul is suggesting here in 1 Timothy. He prays about everything, and I mean everything. He prays just like Paul says. He Prays every way he knows how, for everyone he knows. He prays walking down the street, he prays on his bed, he prays before he meets someone for coffee. My mate even prays silently when he's talking to me sometimes, I can see it in his eyes. So when he says that he has decided not to worry, it's not some airy fairy, unreal, Pollyanna type attitude. He has decided not to worry, because he knows that he prays to a great big God, who can answer his prayers and put right the things he is worried about. Now that's a worry free prayer filled life. That's living life to the full.

Pray:

Lord I thank you that you can answer my prayers in a very real way. Please Lord help me give over my entire life to you, including all my worries. Amen.

Action:

OK. Take a piece of paper and write down every single worry you have. Now pray to God and ask him to help you resolve those worries. When you have done that, head to the toilet and flush the paper down the loo. Your God is big and he will help you. Bye for now.